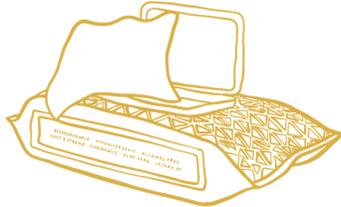


CHOOSING THE BEST WIPES

When stuck in the thick of the baby changing years, the topic of which baby wipe to use is rather important. Get it wrong, and you could be seeing rashes on your baby, spending more than you need to, and damaging the environment. Get it right, and you can rest comfortably knowing you have done your homework and are making the right decision on all counts.



What preservative(s) is used? Is it effective in keeping mould and contamination away for the duration of the shelf life, while being non-toxic for my baby?



Are there other nasty ingredients included that could give chemical rash or worse be doing long term harm to my baby? Carcinogens & hormone disruptors are things to watch out for.



Here are some ingredients we should avoid rubbing on absorbent baby skin: Fragrance, Phenoxyethanol, Benzyl Alcohol, Malic Acid, 3-Iodo-2-Propynylbutylcarbamate, Cocamidopropyl Betaine, Alkyl Dimethyl Benzyl, Sodium Hydroxymethylglycinate, Ammonium Chloride.



What score does each ingredient receive on the EWG Skin Deep cosmetic ingredient safety database at www.ewg.org/skindeep? A score of 1 is the safest and 10 is the most dangerous.



Do I prefer added scent or no added scent? Fragrance mixes often contain diethyl phthalate, which is associated with hormone disruption.



Is the fabric biodegradable? Most brands use synthetic nonwoven fabrics made from polyethylene.



Is the fabric embossed or smooth, is it soft, and does it have the right amount of moisture?



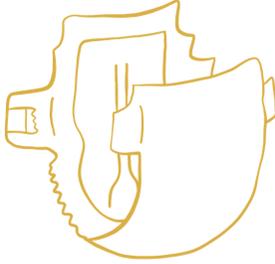
Do the wipes consistently dispense as single sheets, or do they come out in clumps of 2 or 3?



What is the price I am paying per wipe? With different quantities seen in different brands, comparing the price on a per wipe basis makes sense.

CHOOSING THE BEST NAPPIES

When deciding on the right nappy brand to use day in and day out, the following checklist will help:



At the top of most parents' list is performance. Can the nappy absorb enough liquid to avoid overnight blowouts? Does it leak? Does it keep my baby dry and therefore asleep for longer?



Will the nappy cause my baby to get rash due to poor absorption, synthetic materials and hidden chemicals?



Are there any nasty chemicals that are coming into contact with my baby's skin? Is the nappy free from chlorine, lotions, perfumes, latex, heavy metals & other toxic chemicals?



What proportion of materials in the nappy itself are from renewable resources, and is the packaging recyclable and / or compostable?



Is the wood pulp used in the nappy sourced from responsibly harvested forests? Are they certified by a reputable body such as the Forest Stewardship Council (FSC)? Look for the logo with a license number on the product packaging.



Is the nappy thin, lightweight, soft and comfortable for my baby?



Where is the nappy made? Am I comfortable with the location?



Does the brand support a charity in any way? The days of supporting greedy multinationals are over for modern consumers.

Joonya' nappies and wipes have been developed by parents whose checklist of considerations include the above list. If you require further answers to any questions, check the Joonya FAQ page at www.joonya.com/faq.